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VCPAC Snips Newsletter

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VICTORIA
CONFEDERATION
OF
PARENT ADVISORY COUNCILS
556 BOLESKINE ROAD, VICTORIA, BC V8W 2R1
TELEPHONE (250) 475 4193
WWW.VCPAC.CA

October/28/2019

VCPAC Weekly Announcements

MEETINGS

October 28 - SD61 Board Meeting 7:30 pm in the Tolmie Board Room ([556 Boleskine Road](#))


On the [Agenda](#):

- Community Presentations
 - Community Trees Matter Network
 - Capital Regional Housing Corporation - Caledonia Project
 - Victoria High School land use
 - Public Engagement Processes

- CORRESPONDENCE
 - Letter sent to BCSTA re Climate Action
 - Letter from Vancouver School Board re Climate Crisis and Climate Action
- TRUSTEE REPORTS
- BOARD COMMITTEE REPORTS
 - motion - review of Late French Immersion programming

EVENTS

Childhood Anxiety: Empowering Strategies and Effective Supportg

<h1 style="text-align: center;">YOUTH & CHILDHOOD STRESS & ANXIETY: BUILDING RESILIENCE</h1> <h2 style="text-align: center;">EMPOWERING STRATEGIES EFFECTIVE SUPPORTS</h2>	
	
<p>Presentation and Discussion By:</p> <p>Julie-Anne Richards, M.A., R.C.C., C.C.C. Registered Clinical Counselor, Psycho-educational Consultant www.JulieAnneRichards.com</p>	
<p>6:00-8:00 pm Wednesday November 6, 2019</p> <p>ARBUTUS GLOBAL MIDDLE SCHOOL</p> <p>2306 Edgelow St, Victoria</p>	<p>Tailored for Parents, Guardians and Educators supporting children & youth ages 12 - 15 experiencing stress & anxiety</p> <p>PRESENTATION INCLUDING Q & A</p>
<p>Free Event!</p> <p>Refreshments available on donation.</p> <p>REGISTRATION REQUIRED (Click to Register) https://www.eventbrite.com/e/parent-presentation-on-youth-childhood-anxiety-tickets-74377016659</p>	
<p><u>Event Hosted by:</u> Arbutus Global Middle School and inviting All Parents and Educators of Youth in the Area – All Adults Welcome</p> <p>Funded by the Eric Palmer Memorial Foundation www.ericfoundation.com</p>	

This **November 6th**, 2019 from 6:00-8:00pm, Arbutus Global Middle School and the Arbutus P.A.C. are pleased to welcome all parents and educators of youth in the area to an evening with Julie-Anne Richards (M.A., *Registered Clinical Counselor, Psycho-educational Consultant*) for her presentation & workshop entitled **“Childhood Anxiety: Empowering Strategies and Effective Support”**.

Julie-Anne will be sharing information that is essential for parents, caregivers, and educators of youth with regards to guidance, challenges, and implementation. See

below as well as attached poster for more details.

This is a free event, graciously funded by the Eric Palmer Memorial Foundation.
Refreshments will be available upon donation.

Registration is required through <https://www.eventbrite.com/e/parent-presentation-on-youth-childhood-anxiety-tickets-74377016659>

Social Media Wellness

Thursday, November 21st, 2019
7:00pm - 8:00pm
Doors open at 6:30pm


RSVP for this
FREE Event at
CUEBC.CA


CUEBC
Computer Using Educators of British Columbia

**You are invited to an evening
with world-renowned
speaker Ana Homayoun**



Keynote Speaker: Ana Homayoun anahomayoun.com
Social Media Wellness: Helping Tweens and Teens Thrive in an Unbalanced Digital World

More information
available at: **CUEBC.CA**  **BCTF**
Provincial
Specialists'
Association

Oak Bay High School Theatre
2121 Cadboro Bay Rd, Oak Bay, BC V8R 5G4

PLEASE RSVP AT CUEBC.CA

PAC EMAIL ACCOUNTS

Every PAC has an email account to use. Please contact info@vcpac.ca if you would like to activate the PAC email account for your school or change your password.

PAC EMAIL MAILING LISTS

VCPAC has a mailing list service, free of charge, available to all PACs. If your PAC would like to have a subscription-based email list, which parents can automatically opt in and out of, contact info@vcpac.ca

CONTACT AND SUBMISSION INFORMATION

Article ideas and submissions can be sent via e-mail to info@vcpac.ca.

Submissions should be sent to us no later than Friday, 9 PM prior to the day of distribution. Communications retains the right to edit all submissions for clarity.



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