

Oaklands School

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November 3, 2023

NOVEMBER/DECEMBER SNAPSHOT TOPIC:

Parent Child Connection

When parents are responsive and empathetic to their children's emotions it communicates to the child that their feelings are important and worthy of attention, which, in turn, strengthens the bond between parent and child. Over time, children learn to rely on their parents as a source of comfort and support, making them more likely to openly communicate and seek guidance when facing challenges or experiencing difficult emotions.

Early Learning and Elementary – <u>What to Say to Your</u> <u>Kids When Nothing Else Works</u>



Hot Lunch Orders Here:

HOT LUNCH http://oaklandspac.hotlunches.net/ School Code: OHL

Important Dates

Friday, November 10 Hot Lunch - Booster Juice

Remembrance Day Assembly

Monday, November 13 Remembrance Day Observed No School

Monday, November 20 Professional Development Day No School for Students

> Monday, November 27 PAC Meeting 6:00 pm

Friday, December 1 Hot Lunch - Pizza

Tuesday, December 5 Winter Concert

Monday, December 18 PAC Meeting 6:00 pm

Thursday, December 21 Report Cards go home

Friday, December 22 Last Day of Classes before Winter Break

> December 25 - January 5 Winter Break - No School

> > Monday, January 8 School Re-Opens



Cross Country 2023

Please wash and return all Oaklands pinnies and shirts to your teacher or the office.

Congratulations to all of the cross country runners who ran in the city finals yesterday. The coaches and Oaklands staff are so thrilled with how everyone represented our awesome school. Well done!

Thank you to **Ms. Liddell** and **Ms. Liss** for leading our cross country runners this year. Your leadership and commitment to our student's success is much appreciated.





Ghost is a sweet and gentle Labrador Retriever who visits Oaklands students with his owner, Kim from Pacific Animal Therapy Society (PATS Pets).

Small groups of students take turns visiting with Ghost in a quiet inclusive Learning room. These visits are an opportunity for students to connect with a calm animal who will provide them with unconditional love and acceptance, and facilitate a variety of social-emotional learning opportunities. Students often feel emotionally regulated, focused, and are able to communicate more effectively when a therapy animal is present.

Thank you, Ms. Ritchie for organizing Ghost visits for our Oaklands students.



All money collected will support our PAC.

We're excited to share that five BC-based businesses have joined our Community Fundraising program and contribute funds to the Oaklands PAC whenever you shop with them:

- **Tru Earth** donates 20% of your online purchase of eco-friendly cleaning supplies and laundry detergent
- Emily's Labels donates 20% of your online purchase of durable stick-on name labels
- Local coffee roaster Level Ground donates 20% of online orders of organic fairtrade coffee
- Nature Bee gives parents 10% off & donates 10% of online purchases of reusable beeswax food wraps
- This Week's Lunch gives parents 30% off their first 2 weeks & donates 5% of all orders of health pre-packed lunches

Visit the PAC website for all details: <u>https://sites.google.com/view/oaklands-pac/community-fundraising</u>.

Do you know a local business that may be interested in supporting the PAC? Please get in touch!

SD61 Cold and Flu Season Reminders

Dear families,

We have reached that time of the year again! It is cold and flu season. As students return to classrooms for the new school year, as the leaves start to turn and the temperature drops, the tissues and sneezes begin to appear. Additionally, with COVID-19 circulating within our community, it is important to take extra precautions.



Please remind your child of the following important habits:

- Make sure to wash hands frequently.
- Avoid touching face, mouth, or eyes.
- Cover your mouth and nose when sneezing or coughing by leaning into your elbow or using a disposable tissue. Quickly throw away any used tissues and wash or sanitize your hands after.
- Respect the personal space bubbles of other students.
- Stay home when sick!

Please monitor your children daily for any cold or flu-like symptoms. In accordance with the Public Health Guidelines, students and staff are asked to stay home when sick or displaying any symptoms of sickness. If students develop symptoms throughout the day while they are at school, they will be reminded to use tissues or lean into their elbow to cover their coughs and sneezes. If required, an office staff member will contact you to arrange a pickup of your sick child. These protocols are in place to lower the risk of transmission of communicable disease and to keep our students and staff safe and healthy.

For more information on the health and safety protocols implemented in our schools go to: <u>Provincial Communicable Disease Guidelines for K-12 Settings</u>

1000X5 Books Wee Ones Need Your Books



Can you find a minute to locate 3 gently used books for babies and toddlers and drop them off in the pink bin by the office.

311,000 books in 12 years!! Thank you.

