

# Oaklands School

2827 Belmont Ave

Phone: 250-595-2444

Attendance Email: [oaklandsattendance@sd61.bc.ca](mailto:oaklandsattendance@sd61.bc.ca)

## May 3, 2024

### Grade 5 Students and Families

The Greater Victoria School District's **Student Transition Day** takes place on **Thursday, May 16th, 2024, from 1:00 – 3:00 p.m.**

Transition Day allows students entering Grade 6 or Grade 9 in September a chance to experience their new school environment in advance of the new school year, helping to support a smooth and positive experience in their new learning environment.

If your child is transitioning to middle school in the fall you will receive information from your SD61 middle school about their transition afternoon.

### 2024-2025 School Year

If your child is **not** in grade 5 and you are **not** planning on attending Oaklands next school year please let the office know as soon as possible.



Thank you to Mrs. Poulsen, Ms. Fisher and Mrs. Boudreau for leading us in a wonderful concert last night. Our students in Divisions 1-10 put on an excellent performance and should be very proud of their hard work!

## Important Dates

**Tuesday, May 7**

Class Photos

**Thursday, May 9**

Student Led Conferences  
Early Dismissal 11:50am

**Monday, May 13**

Hot Lunch - Booster Juice

**Thursday, May 16th**

Grade 5 Middle School Transition  
Afternoon

**Thursday, May 16th**

Lockdown Drill in the morning

**Friday, May 17**

Professional Development Day  
No School for Students

**Monday, May 20**

Victoria Day - No School

**Friday, May 24**

Zone Track Meet

**Saturday, May 25**

PAC Fundraiser  
Bottle Drive

**Monday, May 27**

Oaklands Totem Celebration

**Thursday, May 30**

Track - City Finals

**Friday, June 7**

Hot Lunch - Pizza

**Track** practice schedule for grades 3, 4, and 5.

Please wear proper running shoes and bring a water bottle. Practices are at Lunch recess on Spencer field.

Mondays- grade 3s 100m and relay

Tuesdays - grade 4s 100m and relay

Thursdays - 800m only (with cross country)

Fridays - Grade 5s 100m and relay



Reminder: The streets around Oaklands Elementary are a school zone. The speed limit is **30 km/h**. Drivers please slow down and be safe.

## Cross Country

Last spring race, Tuesday May 7th at the UVIC dog park on Henderson Rd. Race begins with gr.3 girls at 3:45. Please meet your coaches there for warm-up.



## May Rugby

Friday 3<sup>rd</sup> – No Rugby

Monday 6<sup>th</sup> – Away Game at Braefoot

Wednesday 8<sup>th</sup> – In School Practice

Friday 10<sup>th</sup> – Final Rugby Tournament





The PAC is excited to announce a family dance hosted by DJ Pachanga!! Ticket sales are limited and must be purchased online before the event. The last day of sales is May 22nd. You are encouraged to order your concessions online as there is limited availability for cash sales. The courtyard will also be open for a chill space and games. Please check out the Oaklands Elementary PAC Facebook page for more information!

Admission and concession sales can be purchased through our hot lunch link:

<https://oaklandspac.hotlunches.net/admin/?action=order-list>

Volunteers are needed and each volunteer will receive 2 complimentary admissions. Please sign up here if you are available to help:

<https://volunteersignup.org/MAF4K>

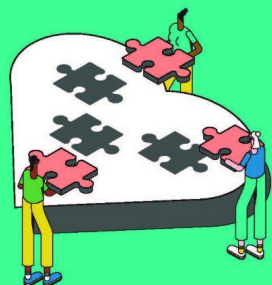
Please note it is required that every child has an adult chaperone at the dance.

We hope to see you on Friday, May 31st from 5:30-7:30PM!



Official Community Plan Update

# Places & Spaces Ideas Workshop



Join us for a place-based planning workshop and explore ideas to help shape the future of **Oaklands!**

**May 25, 10 a.m. to 2 p.m.**  
**Oaklands Elementary School**



Register today at:  
[engage.victoria.ca/places-spaces](https://engage.victoria.ca/places-spaces)



# LANGUAGE MATTERS!

An Introductory Guide for  
Understanding Mental Health and Substance Use:  
A Resource for Educators and School Communities

*Language Matters* is an introductory guide on mental health and substance use for educators, administrators, school support staff, and other personnel who work with children and youth in school communities.

The guide has been developed to help facilitate conversations, build common understandings, and support practice by defining and discussing key mental health and substance use terms and topics. Developing a common language and shared understanding of mental health and substance use terms and concepts can help to improve mental health literacy and reduce stigma.

This resource was developed in partnership with the BC Children's Hospital's Health Promotion and Health Literacy team.

The *Language Matters* resource provides an overview of a number of key topics, including:

- The importance of mental health for the overall health of the school community
- Cultural conceptualizations of mental health and substance use
- Defining mental health and the different states of mental health
- Common mental disorders
- Mental health promotion, risk, and protective factors
- Self-harm and suicide
- Substance use
- Trauma and trauma-informed practice
- The school community's role in supporting student mental health and wellness
- Creating safe, supportive, and inclusive learning environments for all students
- Mental health professionals in the school, health care system, and community
- Educator well-being



[Download the Language Matters guide](#) with the QR code and share with your colleagues and school community partners.



**erase** EXPECT RESPECT & A SAFE EDUCATION

Thank you for participating in the Smile Cookies Fundraiser Children Health Foundation of Vancouver Island (Jeneece Place). We raised \$870.00 with 100% of the proceeds going directly to the foundation.



We hope everyone enjoyed their smile cookies!

Thanks,

PAC Executive

## First Tee Program at Oaklands Community Association

**AFFORDABLE Learn-to-Play Golf Program!**  
Instruction is focused on the fundamentals of golf: putting, chipping, pitching, and full swing.

### Session Dates & Times:

5-week program | 1 day a week | 1-hour sessions

Tuesdays | April 16<sup>th</sup> – May 14<sup>th</sup>

04/16 | 04/23 | 04/30 | 05/07 | 05/14

**Ages 7-9:** 3:00pm - 4:00pm

**Ages 10-13:** 4:00pm - 5:00pm

Cost: By Donation

### Coaches:

- Brian H., Head Coach

### Additional Information:

- 6-participant capacity
- Previous golf skills are NOT required.
- Golf equipment is NOT required; equipment will be provided for participants during each session.

Email [fristteebc@golfcanada.ca](mailto:fristteebc@golfcanada.ca) for registration link(s)

**REGISTER HERE**



1-2827 Belmont Ave  
for more info call  
250-370-9101

## DROP-IN FLOOR HOCKEY

ages 9-17

Fridays | Apr 5 – Jun 21

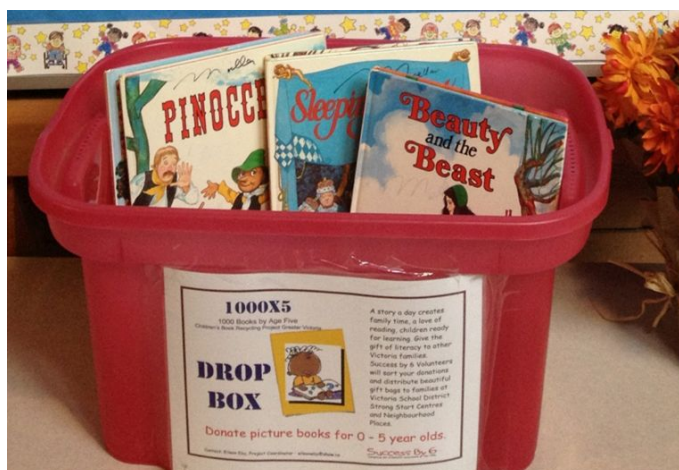
4:30 - 5:30 pm

at Oaklands Elementary Gym

[oca.recdesk.com](http://oca.recdesk.com)

Summer is coming

330,000 books and counting



Have you found the pink bin in across from the library?

Thanks to you, 1000X5 has sent over 330,000 books into homes of babies and preschoolers who have few books. 27 agencies in over 70 programs distribute 3 books in a bag to 800-1000 children every month! Including the summer. Please help us fill the shelves so more children can climb onto a lap and hear a good story.



**Come for the science,  
stay for the fun!**

Join us for a day of exploration related to Science, Technology, Engineering and Math - full of fun activities, exciting demos and interesting research. For K-12 students, educators and scientists of all ages.

Visit our website to discover how we're making our event accessible.

**Science Rendezvous Victoria**

University of Victoria, Bob Wright Centre  
Camosun College, Interurban Campus  
Alex & Jo Centre for Health & Wellness

May 11, 2024 | 10 a.m. - 3 p.m.



[sciencere rendezvous.ca](http://sciencere rendezvous.ca) | @sci\_rendezvous | #SciRen